



# ACC CARE CENTER

<b>Monday</b> September 28, 2015	<b>Tuesday</b> September 29, 2015	<b>Wednesday</b> September 30, 2015	<b>Thursday</b> October 1, 2015	<b>Friday</b> October 2, 2015	<b>Saturday</b> October 3, 2015	<b>Sunday</b> October 4, 2015
Broccoli & Cheese Egg Scramble Cinnamon toast Farina Juice	French toast Warm Syrup Breakfast Meat Oatmeal Juice	Fried Egg Banana Bread Raisin Bran Juice	Baked Western Omelet Wheat Toast Oatmeal Juice	Fluffy Pancake W/ Syrup Breakfast Meat Toasted Oats Juice	Florintine Torta Wheat Toast Oatmeal Juice	Donut Scrambled Egg Oatmeal Juice
<i>Cream of Tomato Soup</i>  <b>Szechuan Pork Rice</b>  <b>OR</b> Meatloaf & Gravy Scalloped Potatoes Green Beans Cucumber Salad  Pudding w/ Cream	<b>Miso Soup</b>  <b>Chinese BBQ Pork Loin</b>  Fish w/ Dill Brown Rice Pilaf Gingered Carrots Wheat Roll  Peanut Butter Cake	<i>Vegetable Soup</i>  <b>Steamed Fish</b>  <b>OR</b> Chicken Cacciatore Pasta Broccoli & Cauliflower Garlic Bread  Cranberry Crunch	<i>Chinese Noodle Soup</i>  <b>Lemon Grass Chicken Rice</b>  <b>OR</b> Brown Sugar Pork Chop Diced Fried Potatoes Spinach Wheat Roll  Blonde Brownie	<i>Cream of Broccoli Soup</i>  <b>Peppery Fried Pork Noodles</b>  <b>OR</b> Chili Beans Tossed Salad Cornbread  Apple Brown Betty	<i>Corn Chowder</i>  <b>Stir Fry Meat w/ Vegetables &amp; Rice</b>  Cheeseburger on Bun lettuce tomato & Pickle Tator Tots  Frosted Cake	<i>French Onion Soup</i>  <b>Broccoli Beef Rice</b>  <b>OR</b> Glazed Ham Roasted Potatoes Veggie Medley Wheat Roll  Lemon Pie
<b>Miso Soup</b>  <b>Chicken Teriyaki Bowl</b>  <b>OR</b> Three Cheese Ham And Pasta Bake Zucchini Garlic Bread  Fruit Mold	<b>Hearty Vegetable Soup</b>  <b>Sesame Orange Chicken</b>  <b>OR</b> Hot Roast Beef Sandwich Oven Fries Cole Slaw  Orange Slices	<b>Split Pea Soup</b>  <b>Sweet &amp; Sour Pork Rice</b>  <b>OR</b> Deli Meat Sandwich Veggie Garnish  Cinnamon Peaches	<b>Minestrone Soup</b>  <b>Pan Fried Tofu</b>  <b>OR</b> Chicken Pasta Alfredo Italian Green Beans Garlic Bread  Pears Ala Cream	<b>Miso Soup</b>  <b>Beef Chow Mein</b>  <b>OR</b> Turkey Salad sandwich Potato Chips  Orange & Pineapples	<b>Bean &amp; Bacon Soup</b>  <b>Shrimp Fried rice</b>  <b>OR</b> Chef's Salad Wheat Roll  Sherbet	<b>Cheesy Tortilla Soup</b>  <b>Kung Pao Pork</b>  <b>OR</b> Chicken Enchilada Corn Bake Mixed Green Salad  Peanut Butter Cookie

**Milk and beverage offered with every meal.**



# ACC CARE CENTER

<b>Monday</b> October 5, 2015	<b>Tuesday</b> October 6, 2015	<b>Wednesday</b> October 7, 2015	<b>Thursday</b> October 8, 2015	<b>Friday</b> October 9, 2015	<b>Saturday</b> October 10, 2015	<b>Sunday</b> October 11, 2015
Waffles w/ Warm Syrup Breakfast Meat Oatmeal Juice	Fried Eggs Wheat Toast with Margarine Raisin Bran Juice	Baked Vegetable Omelet Wheat Toast Farina Juice	French toast W/ Warm Syrup Breakfast Meat Oatmeal Juice	Pancakes w Syrup Breakfast Meat Toasted Oats Juice	Scrambled Eggs Hash Browns Wheat toast Raisin Bran	Coffeecake Scrambled Egg Oatmeal Juice
<i>Beef Rice</i>  <b>Ginger Chicken w/ Green Beans</b> <b>OR</b> Spaghetti W/ Meat Sauce Baked Zucchini Garlic Bread  Ice Cream	<i>Miso</i>  <b>Beef Chow Mein Rice</b> <b>OR</b> Pacific Rim Pork Roast Fried rice Carrots Tossed Green Salad  Apple Bread Pudding	<i>Potato Chowder</i>  <b>Szechuan Pork</b>  <b>OR</b> Crispy Fish Fillet French Fries Herbed Veggies Biscuit  Peach Fluff	<i>Beef Barley Soup</i>  <b>Simmered Chinese Chicken Rice</b> <b>OR</b> Bratwurst & Sauerkraut Mashed Potatoes Green Beans Cucumber Salad  German Chocolate Cake	<i>Chicken Noodle Soup</i>  <b>Chicken Pad Thai w/ noodles</b> <b>OR</b> Beef Stew Mixed Green Salad Cornbread  Orange glo gelatin	<i>Vegetable Soup</i>  <b>Fish &amp; Tomatoes Rice</b> <b>OR</b> Chicken & Dumplings Zucchini Italian Salad  Custard	<i>Consommé</i>  <b>Hunan Chicken w/ Garlic</b>  <b>OR</b> Roast Beef/ gravy Mashed Potatoes Cabbage & Carrots Wheat Roll Margarine  Apple Streusel Pie
<i>Tomato Soup</i>  <b>Steamed Fish with Rice</b> <b>OR</b> Grilled Cheese Sandwich Macaroni Salad  Mixed Fruit	<i>Mexican Fiesta Soup</i>  <b>Sesame Noodles w/ Chicken &amp; Cabbage</b> <b>OR</b> Beef Stroganoff Egg Noodles Spinach Wheat Roll  Fruit Bake	<i>White Bean Soup</i>  <b>Beef Teriyaki</b>  <b>OR</b> Turkey & Bacon Sandwich Sliced tomatoes Italian Green Beans Garlic Bread  Cinnamon Apricots	<i>Corn Chowder</i>  <b>Chinese BBQ Pork with Rice</b> <b>OR</b> Chicken Sandwich on Bun French Fries Pickle  Orange Slices	<i>Split Pea Soup</i>  <b>Green Pepper Beef w/ Rice</b> <b>OR</b> Dilled Tuna Sandwich Potatoes Chips  Fresh Fruit	<i>Miso Soup</i>  <b>Pork Chop Suey</b>  <b>OR</b> Macaroni & cheese Mixed Veggies  Chocolate Oat Cookie	<i>Egg Drop Soup</i>  <b>Shrimp fried rice</b>  <b>OR</b> Chicken Nuggets Tator Tots Cole Slaw  Frosted Cake

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# ACC CARE CENTER

<b>Monday</b> October 12, 2015	<b>Tuesday</b> October 13, 2015	<b>Wednesday</b> October 14, 2015	<b>Thursday</b> October 15, 2015	<b>Friday</b> October 16, 2015	<b>Saturday</b> October 17, 2015	<b>Sunday</b> October 18, 2015
Italian Baked Omelet Buttered Wheat Toast Raisin Bran Cereal Juice	Pancake w/ Warm Syrup Breakfast meat Oatmeal Juice	Ham & Egg Scramble Buttered Wheat Toast Toasted Oats Juice	French Toast/W / Warm Syrup Oatmeal Juice	Baked Vegetable Omelet Buttered Wheat Toast Raisin Bran Cereal Juice	Fried Egg Oat Bran Muffin Farina Juice	Sweet Roll Scrabbled Eggs Fruit Cup Oatmeal Juice
<i>Beef Rice Soup</i>  <b>Lemon Baked Fish Rice</b>  <b>OR</b> Savory Meatloaf Mashed Potatoes & Gravy Dilled Carrots & Zucchini Cole Slaw  Dutch Apple Cake	<i>Miso</i>  <b>Chinese BBQ Pork Loin Rice</b>  <b>OR</b> Rosemary Chicken Parslied Potatoes Peas & Red Peppers Cornbread  Ice Cream	<i>Potato Chowder</i>  <b>Golden Lemon Chicken Breast</b>  <b>OR</b> tender Beef Burgundy Egg Noodles Seasoned Spinach Green Salad  Lemon Bars	<i>Navy Bean Soup</i>  <b>Szechuan Beef w/ Veggies &amp; Rice</b>  <b>OR</b> Roasted Turkey Gravy Sweet Potatoes Broccoli Wheat Roll  Cheesecake	<i>Tomato Rice Soup</i>  <b>Chicken Teriyaki Bowl</b>  <b>OR</b> Lemon Ginger Fish Barley Pilaf Yellow & Green Squash Three bean Salad  Nilla Pudding	<i>Vegetable Soup</i>  <b>Sweet &amp; Sour Fish With Rice</b>  <b>OR</b> Swiss Steak Sautéed Onions Potatoes Medley Parmesan Spinach Wheat roll  Sherbet	<i>Consommé</i>  <b>Stir Fry Meet w/ Veggies &amp; Noodles</b>  <b>OR</b> Baked Ham with Pineapple Sauce Texas Range Beans Cauliflower & peas Wheat Roll With Margarine Peach Streusel Pie
<i>Split Pea Soup</i>  <b>Ginger Chicken Stir Fry W/ Green Beans &amp; Rice</b>  <b>OR</b> BBQ Pork on Bun French Fries  Fresh Fruit Cup	<i>Mexican Fiesta Soup</i>  <b>Green Pepper Beef Rice &amp; Veggies</b>  <b>OR</b> Enchilada Casserole Refried Beans Green Salad  Tapioca	<i>Hot &amp; Sour Soup</i>  <b>Pan Fried Tofu w Spicy Sauce</b>  <b>OR</b> French Quiche Green Beans & Onions Wheat Roll  Fruit Cup	<i>Minestrone Soup</i>  <b>Sesame Noodle w Chicken &amp; Cabbage</b>  <b>OR</b> Italian Meatballs Over Pasta Garlic Bread  Mandarin Oranges	<i>Miso</i>  <b>Kung Pao Pork Rice</b>  <b>OR</b> Creamy Chicken & Vegetables with Biscuit topper Green Salad  Pineapple	<i>Lentil Soup</i>  <b>Chicken Chop Suey Rice</b>  <b>OR</b> Egg Salad Sandwich Fruit Salad  Peanut Butter Cookie	<b>Pumpkin Chowder</b>  <b>Pork Chow Mein</b>  <b>OR</b> Three Cheese Pizza Italian Green Beans Green Salad  Double Chocolate Brownie

**Milk and beverage Offered with every meal.**



# ACC CARE CENTER

<b>Monday</b> October 19, 2015	<b>Tuesday</b> October 20, 2015	<b>Wednesday</b> October 21, 2015	<b>Thursday</b> October 22, 2015	<b>Friday</b> October 23, 2015	<b>Saturday</b> October 24, 2015	<b>Sunday</b> October 25, 2015
Vegetable & Sausage Skillet Wheat toast Raisin Bran Juice	Baked Cheese Omelet Wheat Toast Breakfast Meat Oatmeal Juice	Waffle W/Syrup Breakfast Meat Farina Juice	Fried Eggs Bran Muffin Oatmeal Juice	Pancakes W/ Strawberries With Warm Syrup Breakfast Meat Toasted Oats Juice	Scrambled Eggs Cinnamon Toast Oatmeal Juice	Italian Baked Omelet Wheat toast Raisin Bran Cereal Juice
<i>Miso Soup</i>  Pork Slices in Hoisin Rice  <b>OR</b> Beef Goulash Rissolle Potatoes Baked Zucchini Sweet Corn Salad  Ice cream	<i>Turkey Noodle Soup</i>  Asian Flare Beef  <b>OR</b> Corn Flake Chicken Mashed Potatoes Gravy Spinach Au Gratin Fresh Green Salad With Dressing  Gelatin W/ Whipped Cream	<i>Mung Bean Soup</i>  Korean BBQ Short Ribs  <b>OR</b> Apple Glazed Meatballs Brown Rice Florentine Baby Carrots Wheat Roll  Fluffy Mousse	<i>Miso Soup</i>  Chicken Teriyaki Bowl  <b>OR</b> Lasagna Herbed Green Beans Garlic Bread  Gelatin Cake	<i>Cream of Mushroom Soup</i>  Peppery Fried Pork Rice  <b>OR</b> Oven Crisp Fish Tri Colored Pasta Seasoned Broccoli Tossed Salad  Peanut Butter Cup Pudding	<i>Consommé</i>  Ginger Chicken Stir Fry Rice  <b>OR</b> Salisbury Steak Twice Baked Potato Confetti Corn Wheat roll  Apples W/ Caramel Sauce	<i>Vegetable Soup</i>  Fish & Tomatoes w/ noodles  <b>OR</b> Roasted Pork Sweet Potatoes Capri veggies Wheat Roll  Carrot Cake
Pasta Bean Soup  Shrimp Fried Rice  <b>OR</b> Ravioli w/ Meat Sauce Italian Green Beans Garlic Bread  Orange Slices	Potato Ham Chowder  Black Pepper Chicken with Rice  <b>OR</b> Bread Fish Filet Seasoned Fries Mixed Veggies Wheat Roll with Margarine  Baked Apricot Crunch	Country Style Soup  Sesame Chicken w/ Noodles & Cabbage  <b>OR</b> Grilled Ham & Cheese Sandwich Dilled Garbanzo Slaw  Peaches	<i>Minestrone Soup</i>  Beef Chow Mein  <b>OR</b> Pork Carnitas Spanish Rice Fiesta Salad Tortilla  Fresh Fruit	Lentil Soup  Pan Fried Tofu w/ Spicy Sauce  <b>OR</b> BBQ Chicken Baked Beans Zucchini Wheat Roll  Fluffy Fruit Dessert	Bean & Barley Soup  Chinese BBQ Pork Loin  <b>OR</b> Pizzaroni Red & Green Salad  Pineapple Supreme	<i>Miso Soup</i>  Green Pepper Beef  <b>OR</b> Chicken Stew Fruit Salad Cornbread  Sherbet

Milk and beverage offered with every meal.