



Volunteer Opportunities for Instructors & Coaches



ACC offers computer classes, ballroom dancing, hula, lifetime fitness, line dancing, Tai Chi and Qi Gong, yoga, arts and crafts, Chinese brush painting, calligraphy, Ikebana, origami, and cooking demonstrations.

Volunteers contribute to the success of our classes as instructors, learning coaches, as planners or marketers of programs, and of course, helping with set up and clean up. What a great opportunity to use your current skills and develop new ones! If you have a particular skill or talent you would like to share with older adults, please let us know.

ACC is expanding its programs and needs qualified individuals to lead exercise programs at ACC off-site locations. If you are interested, please contact us!

For more information, please contact Khonnie Lattasima, Volunteer Coordinator, at (916) 393-9026 ext. 225.

Volunteer applications are available at our Volunteer page on our website (www.accsv.org).